

Syphilis

Syphilis (lues) is a disease caused by the bacterium *Treponema pallidum*. Syphilis is transmitted mainly through unprotected sexual intercourse, including oral and anal sex.

The consistent and correct use of condoms considerably reduces the risk of infection. The diagnosis of a syphilis infection is made through the detection of specific proteins (antibodies) in the blood (e.g. TPPA test).

AIDS – HIV

AIDS (Acquired Immune Deficiency Syndrome) is a disease caused by the HIV virus. Infection occurs through unprotected sexual intercourse, including oral and anal sex and for example through needle sharing in intravenous drug use or other contact with blood.

The most effective measure to protect against HIV is the consistent and correct use of condoms. The diagnosis of an HIV infection is made through a blood test.

Gonorrhea (clap)

Gonorrhea (clap) is a disease caused by bacteria called *Neisseriae gonorrhoeae* (gonococci). Gonorrhea is transmitted almost exclusively through unprotected sexual contact.

The consistent and correct use of condoms considerably reduces the risk of infection. The detection of an infection is carried out from swabs from throat, urethra or vagina and anus (so-called PCR test).

Chlamydia infection

A chlamydia infection of the genital organs is caused by bacteria called *Chlamydiae trachomatis*. The genital chlamydia infection is transmitted through unprotected sexual intercourse.

The consistent and correct use of condoms reduces the risk of infection. Transmission through oral or anal sex as well as with hands or sex toys is possible. The detection of a genital chlamydia infection is carried out from swabs from urethra or vagina. This examination is voluntary. If you do not wish the examination, please inform us. In case of infection we will inform you, but this has no influence on the issuing and handing over of the health booklet.

Tuberculosis – pulmonary tuberculosis

Is not transmitted sexually, but through droplets when coughing and speaking. If it is not recognized and treated early, it can lead to a very serious disease - mostly of the lungs.

Other diseases transmissible through sexual intercourse

Hepatitis B

Hepatitis B is an inflammation of the liver caused by the hepatitis B virus (HBV). The typical transmission routes of hepatitis B in adulthood are unprotected sexual contacts.

Protection against infection is provided by vaccination (basic immunization consists of three partial vaccinations, booster vaccinations are carried out after checking the concentration of antibodies formed in the blood). The detection of an infection with HBV is carried out in the blood.

Genital warts (HPV)

Genital warts – also called genital warts (*Condylomata accuminata*) or condylomas – are a viral disease in the genital and anal area, which can also occur in the throat. They are caused by an infection with so-called human papillomaviruses (HPV) and are transmitted predominantly through unprotected sexual intercourse. The human papillomaviruses (HPV) responsible for genital warts can cause malignant tumors in women such as cervical cancer, in men among others malignant tumors of throat or larynx. Anal carcinomas (rectum and anus) can be caused by HPV viruses regardless of gender.

Condoms can only provide limited protection against infection, an HPV vaccination reduces the cancer risk very considerably. Early consultation with your specialist is recommended.

Until your 30th birthday you can receive the vaccination free of charge from us. This offer is limited until December 2025.

Trichomonas

The infection with trichomonas is caused by the parasite *Trichomonas vaginalis* and is also transmitted through unprotected sexual intercourse. Inflammations of the mucous membranes of the genital organs and urinary tract occur.

Treatment is carried out with antibiotics by your specialist.

Links & Counseling centers

Contraception - Preventive medicine

Our official doctors or your family doctors and gynecologists are happy to advise you on the various methods (natural, hormonal, barrier methods etc.) to prevent an unwanted pregnancy as well as on possibilities of specific preventive medical measures (such as HPV and hepatitis vaccinations).

Rahab Health counseling for sex service providers - Exit counseling

A social worker from Caritas informs sex workers about health aspects and social legal matters. Caritas is dedicated to sex workers in the Innsbruck area in the RAHAB project. The goal of our project is to enable sex workers access to important information.

Every Thursday from 2:00 PM one of our employees is present at the Innsbruck Health Office within the framework of the prescribed examination for sex workers. The focus of the low-threshold counseling conversations are the various questions that life in this work context brings with it.

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<https://www.caritas-tirol.at/hilfe-angebote/menschen-in-not/rahab-gesundheitsberatung-fuer-sexdienstleisterinnen/>

iBUS – Innsbruck counseling and support for sex workers

iBUS offers persons who work or have worked in sexual services confidential and anonymous counseling for social, legal and health matters and orients itself according to their individual needs.

Schöpfstraße 19 6020 Innsbruck Telephone: +43 (0) 6604757345 Mail: ibus@aep.at <http://aep.at/beratungsstelle/ibus/>

Self-insurance / voluntary insurance

All persons who are not protected by any statutory health insurance can - as long as their residence is located inland - insure themselves with the Austrian Health Insurance Fund.

****ÖGK - Austrian Health Insurance Fund ****Klara-Pölt-Weg 2, 6020 Innsbruck Telephone: +43 5 0766-18 E-Mail: innsbruck@oegk.at Website: www.meineoegk.at

medcar(e) – social and medical basic care

For people without access to medical care, medcar(e) enables medical and social work support. In addition to the mobile medcar(e) bus, there is also a practice at Innsbruck main station. **Practice Innrain 28, 6020 Innsbruck** MON 16:00 - 18:00 WED 08:00 - 08:30 subsequently various locations (Wolfgang-, Tee-, and Katharina-Stube) THU 19:00 Emergency night shelter, Schusterbergweg 73, 6020 Innsbruck

Health Office of the City Magistrate Innsbruck

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