SEXUALLY TRANSMITTED DISEASES

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Disease	Obligatory Check-Up	Diagnosis	Possible Disease Signs					
Gonorrhea (Tripper)	Yes Every 6 weeks	Smear Test Urine Test		Yellowish, smelly outflow from penis, vagina or anus Pain, itching or burning while urinating Sore throat after oral sex				
Syphilis (Lues)	Yes Every 12 weeks	Blood Test	(;)(;)€	Knots or ulcers on penis, vagina, anus or mouth/throats Enlarged lymph nodes, skin rash				
HIV/AIDS	Yes Every 12 weeks	Blood Test		Often no symptoms for a long time				
Chlamydia	No	Urine Test		Yellowish, smelly outflow from penis, vagina or anus Pain, itching oder burning while urinating Sore throat after oral sex Pain while having Sex				
Hepatitis B or C – infective liver inflammation	No	Blood Test	9 🚳	Often no symptoms Jaundice				

Important Information:

- · With Gonorrhea, Syphilis or HIV positive, the medical check-up card ("Gesundheitsbuch, Karte") will be revoked.
- · Additional gynecologic check-ups (gynecologists = FrauenärztInnen) required! The obligatory check-ups do not include, e.g. cancer smear tests. Men require additional urological check-ups (UrologInnen). Recommendation: At least one check-up per year; e.g. www.docfinder.at
- · Please visit a doctor on every sign of disease!
- · In Austria, there are good ways of treatment for these diseases.
- · With some diseases, partners/spouses have to be treated, as well!
- · There are fee-based protective vaccinations against Hepatitis B und HPV. Ask a doctor!

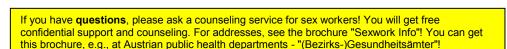
WAYS OF TRANSMISSION AND PROTECTION

WAYS OF TRANSMISSION AND PROTECTION -1-								
Way of Transmission	Possible Diseases	Protection from Infection						
Vaginal Sex	HIV, Syphilis, Hepatitis B and C, Gonorrhea, Chlamydia	Condom						
Anal Sex	HIV, Syphilis, Hepatitis B and C, Gonorrhea, Chlamydia	Condom						
Oral Sex	HIV, Syphilis, Hepatitis B and C, Gonorrhea, Chlamydia	Condom, "Licking Towel" SAFER SEX						
Kissing	Syphilis, Hepatitis B	No Kissing						
Hand, Sex Toy	Syphilis, Gonorrhea, Chlamydia	Condom, "Licking Towel", Latex Gloves						
Blood	HIV, Hepatitis B and C	Condom, Latex Gloves, no contact with blood						

"Blowjob or licking" without protection = Risk of infection!!! (e.g.: Syphilis, HPV,...)

How to use a condom correctly:

- · The penis must be hard while applying the condom!
- · Pull back foreskin, squeeze the tip of the condom with your fingers and position it on the penis that way.
- Hold on to the tip of the condom while unrolling the condom!
- · Always unroll the condom completely to the end!!
- · After ejaculation, immediately pull out the penis before it gets flaccid!





Method	Mechanical		Hormonal	Chemical		Natural
Contraceptive	ở	Q	Q	Q	Q	Q
	o Condom	DiaphragmCervical Capetc.	 Pill Three-month-injection Plaster / Patch Hormone spiral Vaginal Ring Hormone Rod/Implant 	o Copper Spiral	SuppositoryCreamsTablets	TemperatureMucous methodCalendar
Description	Pull over the erect penis before intercourse. Prevents pregnancy and infection with sexually transmitted diseases.	Put into vagina over the cervix before intercourse. Prevents sperm from finding its way into the uterus.	Available at the women's doctor. Prevents pregnancy by hormonal changes in the body.	Applied into uterus by women's doctors. Prevents fertilized egg cell from settling down. Can be removed by women's doctor. Exchange after approx. 3-5 years.	Insert into vagina before intercourse. Kills off sperm.	Determination of fertile and infertile days. On fertile days, additional contraceptives are required.
Available how and where?	Sex ShopSuper MarketDrug StorePharmacy	 Visit at women's doctor recommended Pharmacy 	Visit at women's doctor required	Visit at women's doctor required	o Pharmacy	
Safeness when USED CORRECTLY	444	44	444	444	✓	✓
Protection from sex. transmitted diseases	YES	NO	NO	NO	NO	NO

Morning after pill - only in case of emergency: Hast to be taken no later than 72 hours after unprotected sexual intercourse - available without prescription in gynecologic walk-in clinic (hospital). It does not protect from sexually transferrable diseases or HIV/Aids!

Sponge - Menstruation Pads - Softtampons: Do not protect from sexually transmitted diseases or HIV/AIDS, also do not prevent pregnancy!

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